

SELWYN LAUNCH GROUP

Supporting Young People with Disabilities in Selwyn

Issue 3

March 2014

Hi Everyone

Welcome to 2014 and our first newsletter for this year. Hope you all managed to have some sort of break over the holiday period and are tackling 2014 fully refreshed?

Since our last newsletter in December last year, we've had two meetings and planning for this year is in full swing. With the help of Jane, one of our Committee Members, and her husband, Adam, we have developed a website which will be online within the next few weeks—watch this space!! We will have been up and running 12 months, as of the 14th March, and have our first AGM planned for the 25th March 2014, 7pm at Community House, Shelley St, Rolleston — all welcome!

The one day programmed run by IDEA Services on a Tuesday in Rolleston, has now been up and running for six months and this year has increased its hours from 9am until 3pm and IDEA Services are looking at extending this to another day of the week also. Some of the activities the group have enjoyed so far are:

- catching the bus into town and participation in an "Amazing Race"
- visiting a bank as part of learning about financial skills
- preparing a CV
- catching a bus to the Botanic Gardens for a picnic
- partaking in a cooking demonstration
- presenting an end of year presentation to family members and supporters

This year the group will be covering things such as independent living skills, job interviews using their CVs and budgeting, just to name a few. The group also hope to link in with other Youth Groups throughout the region, and the Committee would also like to invite relevant informative speakers along to some of our meetings.

We would like to acknowledge the kind monetary donations we have received recently. These donations are very much appreciated and will be put towards more educational and social activities for our young people.

I hope to see you all at our AGM on 25th March.

Take Care.

Sandra Gilmour

Chairperson

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Left: Members of the Selwyn Launch Group